

in which Dr. Paul Salmen is active, he still finds time to extend his knowledge to the youth as a coach for swimming, volleyball and basketball. He also participates as a soccer and basketball referee.

Those who are privileged to know Dr. Paul Salmen know he is well liked and respected by the community. Given his moral character and all the areas that Dr. Salmen dedicates time to, it is no wonder that he was chosen as the recipient of the "1998 Garfield County-Wide Humanitarian Service Award."

I have known Dr. Salmen and his wife Nancy Reinisch (who in her own right is a bright star in our community) for years. I have deep respect for the caring they have for people. Dr. Paul and Nancy have dedicated their lives so that other peoples are improved. The Salmens succeed with the tools of compassion, knowledge, advocacy, and dedication.

Individuals such as Dr. Paul Salmen, who volunteers his time to a good cause, are a rare breed. Dr. Paul is a model citizen. Fellow citizens and patients have gained immensely by knowing Dr. Paul Salmen and for that we owe him a debt of gratitude.

IN HONOR OF SISTER PAT MYER

HON. CAROLYN B. MALONEY

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Wednesday, April 14, 1999

Mrs. MALONEY of New York. Mr. Speaker, I rise today to pay a special tribute to Sister Pat Myer upon her departure from the Convent of the Sacred Heart in Manhattan for Albany where she will continue her lifelong dedication to helping others.

For decades, Sister Pat has been one of the main rocks of leadership in the East Harlem community, an area that I had the honor to represent as a member of the New York City Council. When a neighborhood crisis arose, Sister Pat, in her quiet and dignified manner, worked to solve the problem. She would peacefully direct a solution to any situation.

Although one would most often find Sister Pat at the Convent of the Sacred Heart on East 91st Street, where she served as a school administrator. One was just as likely to find her out in East Harlem working with the community.

Sister Pat Myer was always at the heart of the important movements in the community, whether it was fighting crime or drugs or simply improving the neighborhood. Among her many endeavors, Sister Pat helped facilitate a Tactical Narcotics Team in the neighborhood, helped to save Metropolitan Hospital from severe cutbacks, fought zoning laws to prevent the destruction of the East Harlem neighborhood, and led the great fight to "Save the Tenements," East Harlem's important affordable housing.

An East Harlem resident since 1976, Sister Pat's active involvement in the community came in many different forms. For five years she served as the chair of the Pleasant Village Block Association. She established a neighborhood watch program and helped to shut down places of ill repute. These efforts earned Sister Pat a Snap Award from the City of New York.

Her community work did not end there. She chaired the Economic Development Committee of Community Board Eleven; she was involved with the Little Sisters of the Assumption Health Center; she worked on the Big Picture Committee, which looked at East Harlem's larger problems; and she became active with the Neighborhood Advisory Committee's Department of Youth and Community Development where she helped to secure federal funding for community projects.

Sister Pat Myer's efforts have made the East Harlem neighborhood a better place to live. The people of Albany should feel blessed to have a woman like Sister Pat in their midst.

I will miss the phone calls I used to receive from Sister Pat whenever she saw a problem arising in the community. She reached out to anyone who needed help and made a difference in their lives.

Mr. Speaker, I am honored to bring to your attention the outstanding work of Sister Pat Myer. It has truly been an honor to work with such a dedicated and caring woman over the years. Her unwavering dedication to make her community a better place will always be felt and appreciated. East Harlem and New York City will greatly miss the special touch of Sister Pat Myer.

TRIBUTE TO PROFESSOR ALLAN SAXE

HON. MARTIN FROST

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, April 14, 1999

Mr. FROST. Mr. Speaker, I rise today to congratulate one of Arlington, Texas's most civic-minded residents. Professor Allan Saxe was honored Saturday as Meals on Wheels of Tarrant County's Volunteer of the Year. Allan has been delivering meals to the elderly for 20 years, but that is just the beginning of his charitable activities.

Over the years, Allan has selflessly given away hundreds of thousands of dollars to community causes throughout Arlington. Whether it's the Saxe Museum or one of the two baseball fields that bare his name, you can't go far in the Arlington area without coming upon something honoring Allan's good works. There are so many things named after Allan in Arlington that even her says he can't keep track of them all.

Allan has taught political science at the University of Texas at Arlington for many years. He has a strong attachment to the city and adds great color to our community. He is a regular columnist for the Star Telegram, and his opinionated columns often invoke intense responses from readers. Allan is also widely known for giving away much of what he has to charity, including all of a very large inheritance.

This latest honor confirms Allan's status North Texas benefactor, both in terms of his time and money. Allan is simply one of those people that every community wishes they had more of. I am pleased to call him a friend, and am pleased to have him in my Congressional District.

Allan, congratulations on being named Meals on Wheels of Tarrant County's Volun-

teer of the Year. This is another great honor in a life full of them.

GEORGE L. PLUMLEE WRITES AN ESSAY WORTH READING

HON. BOB STUMP

OF ARIZONA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, April 14, 1999

Mr. STUMP. Mr. Speaker, it is my pleasure to commend to my colleagues an essay authored by my constituent George L. Plumlee, a senior at Parker High School in Parker, AZ. George was the first place district winner of the Veterans of Foreign Wars Voice of Democracy Competition. His essay on the contest theme of "My Service to America" reminds us that our freedoms are not to be taken for granted, and that freedom is something we all must work for each day. Service to America means that we must be personally responsible for the protection and perpetuation of our freedoms that make America strong. Every person can make a contribution in even the smallest of ways to continue fighting for the freedoms we all enjoy. I commend George's essay to my colleagues attention.

"MY SERVICE TO AMERICA" 1998-99 VFW VOICE OF DEMOCRACY SCHOLARSHIP COMPETITION

I am very proud and thankful to be an American living in the United States. To me, having the right to be an American should be earned, or at the least, nurtured and contributed to on a constant basis. If we expect our country to remain strong and free, I believe all Americans should contribute some type of service to America. I see "My Service to America" as a daily effort to support the country that I love, and the country that gives back to me all the wonderful gifts it does, such as freedom. Freedom is the most precious thing a man can have. America's freedom has been hard won by the sacrifice of its many veterans, and stays free because they are still there doing their duty, rain or shine, day or night, everyday.

As individual citizens if we do not contribute to our country, I believe it will eventually weaken and not be the strong country it has been for so long. I feel there are many ways I can give "My Service to America". If I cannot serve in the armed forces of our country, there are still many ways to support and contribute to make my America function and stay strong. Through out my first 12 years of school I have been active in not only school activities, but have volunteered many times to serve the community with civic and charitable functions. America is a big country, and has a lot going on, but I believe it all starts with the common citizen living in Little Town, U.S.A. If a person does not bother to vote, they are giving up a right that has been earned in blood and lives. It is apparent in so many countries around the world today what happens, or does not happen when you have the right to vote as a free people. Without the right to vote and decide your own destiny, every part of your daily life is controlled by only one person or a small group of people. If educators do not give their very best in educating our children, we will not have properly prepared citizens to become our educators and leaders of tomorrow. Even mechanics and bus drives are important for the same reasons. What